

National Mortality Case Record Review Programme

using the Structured Judgement Review Method

Case Note 3

Contents

1. Medical Notes
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5. Do Not Resuscitate Forms
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Foreword:

These notes have been produced as training material for the National Mortality Case Record Review Programme. They have been developed and extrapolated from clinician's knowledge and experience to resemble actual case notes. They are not actual patient cases and do not contain any confidential patient information.

Lead Author:

Dr Usha Appalsawmy
Renal Registrar/ Leadership Fellow
AHSN Improvement Academy
Yorkshire & Humber

NAME: Barbara Jones
DOB: 01/01/1920
NHS: 111 111 1111

ORTHOPAEDIC TRAUMA CLERKING SHEET

DATE: 15/4/16

TIME: 1205

Presenting complaint

left intracapsular NOF fracture

History of presenting complaint

remembers falling , unsure of mechanism, c/o left hip pain , unable to wt bear, graze left elbow, no HI, denies preceding symptoms, usually lives in own house but now in respite
Recent admission with fall, back pain and reduced mobility

Incident details

Mechanism of injury: RTA/Fall >2 metres (Fall < 2m) /sport/ stabbing /other assault

Events leading to any fall

- Clear history of trip, slip or accident ✓
- Aura, fit, tongue biting, incontinence
- Other associated medical symptoms
- Palpitations, chest pain, or SOB
- Dizzy, light headed, pale, sweaty
- Unexplained loss of consciousness
- Other

Medical history

hypertension, diet controlled diabetes, previous right hemi arthroplasty hip, and osteoporosis

Drug history

adcal, bendroflumethiazide, doxazosin, nitrazepam, omeprazole, quinine, simvastatin, hypromellose, paracetamol

Allergies

aspirin, codeine, co-amoxiclav

Social history

currently in respite, lives in own home, carers qds, regularly walked with frame, house bound

Systemic enquiry

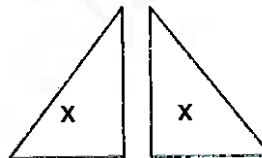
Nil

EXAMINATION

AIRWAY: ~~clear~~/ blood/ vomit/ stridor

BREATHING:

Resp rate :16/min
Oxygen (% o2 /air) : 96%

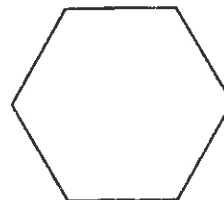


Basal creps

CIRCULATION:

I + II +O
Peripheral pulses:
BP 142/65
Pulse 80
Cap refill <2 seconds
Temp 35.5
Peripheral oedema : nil

ABDOMEN



SNT

NEUROLOGICAL

GCS
E 4
V5
M6
TOTAL 15/15

AMT

Age ✓
DOB ✓
Year ✓
Place ✓
Time ✓
Monarch ✓
WW1 ✓
Recognise 2 people ✓
Count 20-1 backwards ✓
Recall address X

TOTAL 9/10

Pupils

Right Size
Reaction
Left Size
Reaction

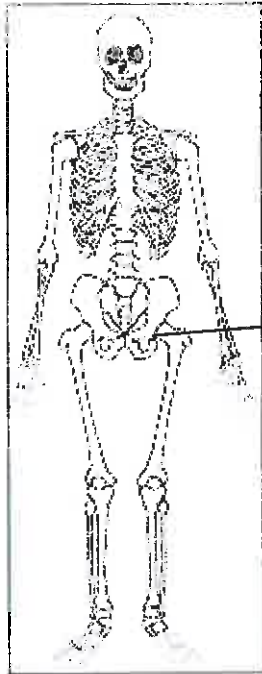
CRANIAL NERVES:

Hand dominance: R L

Nottingham Hip Fracture Score (NHFS)		
Table	Value	Points
	66-85 years	11
	>86 years	14 ✓
	Male	4
	Female	0 ✓
Admission HB	≥10	3
	>10	0 ✓
Admission AMT	≤6 out of 10	4
	>6 out of 10	0 ✓
Living in an institution	Yes	4 ✓
	No	0
Number of comorbidities*	0	0
	1	2
	2	5 ✓
	3	8
	4	11
	5	20
Total points		23

*Comorbidities :CV disease, Malignancy, Stroke, Paget's ,Respiratory disease, Smoking, Renal Disease, Steroids, Diabetes, Warfarin, Rheumatoid Disease, Clopidogrel, Parkinson's disease, 4 or more medications

Predicted 30 day mortality = 15%



Tender

Ulcer medial left ankle. NV intact left foot

ECG: SR 78/MIN, LAD	MUSCULOSKELETAL XRAYS: Left IC NOF #, undisplaced
CXR :clear	

<p>BLOODS</p> <p>HB 11.2 Wcc 10.4 Plt 370</p> <p>Pt 10.9 APTT 24.2</p>	<p>Urea 16.0 (11.5 on 17/3/16) Creatinine 179 (100 on 17/3/16) Egfr 23 Albumin 35 Fasted Glucose 3.7 Normal LFT</p>
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Impression – left IC NOF#

Plan – analgesia, E+D today, NBM midnight, IVI, Catheter, c+m, repeat u&e, weigh

Initial treatment regime prompt

- Analgesia, Antiemetic, Aperients
- Thromboprophylaxis prescribed yes no
- Secondary fracture prevention iv fluids skin marking
- antibiotic cover consent trauma conference
- inform relatives if indicated

Dr Cross, CT2, 15/4/16 1230

Review SPR Mr Circle, 15/4/16 1510

Left NOF
Foot N/V intact
No other issues

Plan- for hemiarthroplasty tomorrow

circle

Patient's surname /family name: Jones
Patient's first name: Barbara
Date of birth: 01/01/1920
NHS number (or other identifier): 111 111 1111
Special requirements.....

Name of proposed procedure or course of treatment (include brief explanation if medical term not clear)

LEFT HIP HEMIARTHROPLASTY /CANNULATED SCREWS

Statement of health professional (to be filled in by health professional with appropriate knowledge of proposed procedure, as specified in consent policy)

I have explained benefits: RESTORE MOBILITY /ANALGESIA

Serious or frequently occurring risks:
PAIN/SCAR/INFECTION/BLEEDING/DVT/PE/LIMB LENGTH DISCREPANCY/
ANEATHETIC RISKS

Any extra procedures which may become necessary during the procedure, e.g.:

- Blood transfusion
- Other procedure (please specify).....

I have also discussed what the procedure is likely to involve, the benefits and risks of any available alternative treatments (including no treatment) and any particular concerns for this patient.

The following leaflet/tape has been provided

This procedure will involve pre-operative assessment to determine the appropriate type of anaesthesia required.

YES/NO

General and/or regional anaesthesia local anaesthesia sedation

Healthcare professional signature*cross* Date 15/4/16
Name: Dr Cross Job Title: CT2

Contact details (if patient wishes to discuss any issues related to the procedure/treatment)

.....

Statement of interpreter (where appropriate)

I have interpreted the information above to the patient to the best of my ability and in a way in which I believe s/he can understand.

Signed Date.....
Name (PRINT)

WHITE COPY ACCEPTED BY PATIENT: YES/ NO (PLEASE CIRCLE)

PINK COPY RETAINED IN NOTES

Name Barbara Jones
 DOB
 NHS number

NURSING RECORD OF OPERATING DEPARTMENT CARE

SECTION 1. PRE OPERATIVE ASSESSMENT Date of assessment 16/4/16

(This section to be completed by appropriate ward or theatre nurse) Patient's Height
 Weight

Temp 36.9, Pulse 70, RR 16, BP 159/70 Sat 96 air BM 5.5 at 6am

Any special requests by patient? **DWAR*PT DEAF**

Assessed by: S Square	Designation: student nurse	Signature :sig
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SECTION 2. PRE OPERATIVE CHECKLIST Date 16/4/16 Time 0800

(This section to be completed by ward nurse prior to pre-medication)

(Tick when checked)
 Comments

- ANGIOS (cardio/vascular use)
- WRIST LABEL WORN & CORRECT
- SITE/SIDE/LIMB OP.SITE MARKED
- CONSENT FORM
- PREMEDICATION GIVEN (if prescribed)
- SHAVED (if necessary)
- ANY PROSTHESIS REMOVED (if necessary)
- JEWELLERY REMOVED OR TAPED wedding ring
- HEARING AID REMOVED (unless directed otherwise)
- DENTURES REMOVED (unless directed otherwise) please remove in theatre (pot sent)
- NOTES AND XRAYs READY
- SKIN PREP COMPLETED (if required)
- INHALERS/ SPRAYS TAKEN TO THEATRE IF APPLICABLE
- ANY CAPPED OR CROWNED TEETH state which none
- IS PATIENT WEARING ANY OF OWN CLOTHING state what none
- BEDSIDES/WEDGES

TIME & NATURE OF LAST ORAL INTAKE.....
 ALLERGIES Aspirin, codeine phosphate, co-amoxiclav

Ward nurse	Name :S SQUARE	Signature :square
Theatre reception nurse	Name:	

SECTION 4. POST OPERATIVE RECOVERY CARE

Spinal

Time arrived in recovery 1105

Time regained consciousness o/a

STATUS No.	STATUS No.
1. LEVEL OF CONSCIOUSNESS Awake & alert	7. FLUID IN Crystalloids ✓ Colloids <i>further fluids prescribed</i> Blood Blood products Refer to intake & output chart ✓
2. AIRWAY Clear and self-maintained	8. FLUIDS OUT Drain type ✓ amount comment Urine- <i>CBD -1100mls</i> Per vagina Per rectum Wound site ✓ <i>L thigh - cleaned</i> Nasogastric Other -specify Spinal site -clean +dry NV's R+L foot ,warm, feet mobile and sensitive
3. BREATHING Spontaneous and normal <i>RR16. SATS O2 100% AIR 85%</i>	9. SKIN CONDITION/HYGIENE Intact , <i>heels .back</i> Redness <i>spine .buttock</i> Broken Mouth care Other -specify <i>pink cannula x1</i>
4. CIRCULATION Central pink Periphery pink Periphery warm <i>Temp 35.0 axilla Blankets in situ</i>	
5. DRUGS O2 therapy 2-4l	
6. OBSERVATIONS Refer to TPR chart ✓ <i>cannula ✓ M ✓</i>	

10. SPECIAL POST OP. INSTRUCTIONS

See operative notes BM 5.7 @ 12 10
 Dressing - clean and dry
 NEWS= zero at 1225

11. OUTCOME - Surgery performed ✓ Cancelled Abandoned Died Returned to ward ✓ ITU CCU

12. HANDOVER CHECKLIST -Notes ✓ Operation notes ✓ Drug kardex ✓ Fluids ✓ Xrays × Sprays × Inhalers ×
hearing aid -left ear in situ

Recovery Nurse	Name: TTriangle	<i>triangle</i>
Ward nurse	Name: SSquare	<i>square</i>

OPERATION SURGEON REPORT

SURNAME Jones
 FORENAME Barbara
 ADDRESS
 NHS 111 111 1111

Consultant Remus Rectangle	Surgeons Carl Circle Donald Diagonal	Anaesthetists Paul Parallel Harry Hexagon	Date of operation 16 APR 2016
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OPERATION
 Left intracapsular NOF# hemiarthroplasty

INDICATION
 Displaced intracapsular #NOF

ANEASTHETIC & ANTIBIOTICS
 IV ANTIBIOTICS

OPERATION DETAILS
 Routine arthroplasty prep in anaesthetic room, paper gowns, necklaces, Charnley air enclosure

Patient re-prepped and draped in theatre

Standard trans gluteal approach to the hip

Neck cut formalised with power saw
 Femoral head removed and sized at 46mm
 Posterior neck removed with box chisel to allow femoral preparation via piriform fosa with pin reamer and sequential broach to ETS broach

Trial=Stable

Hardinge cement restrictor

Stryker Trauma stem with centraliser
 Head size 46mm
 Cement heraus double mix pressurised
 Stability, leg length and ROM confirmed

Washout without saline

Closure: Vicryl in layers
 Subcut Monocryl to skin

POST OP INSTRUCTIONS
 Check bloods
 Check xrays
 Thromboprophylaxis
 Mobilise fully wt bearing as pain allows

Signature of medical officer circle
 Print name CARL CIRCLE

Date 16/4/16

****END OF REPORT ****

PATIENT PROGRESS RECORDS

Hospital:
Ward:

Expected date of discharge:

Name Barbara Jones
NHS No 111 111 1111
Consultant

15.4.16
10.08 NURSING
Admitted to SAC
Observations stable NEWS-O
Swabbed for MRSA NBM
IVI maintained .Mepore to left elbow on arrival .Bottom slightly red. Very deaf and hard to get history. *Dona Diamond*

15.4.16
10.45 NURSING
The home that Barbara is from has phoned .If we need to speak to anyone we can phone senior nurse at Everest Lodge. *Dona Diamond*

15.4.16
13.55 NURSING
Care taken over by SN Olga Oval
Patient catheterised
150ml residual
Urine dip obtained
MSU sent
MC+S
Olga Oval

Urine dip

Glu -neg
Ket-trace
Blo- neg
Ph 5.0
Pro- trace
Nit-neg
Leu-neg

Catheter A310114

LOT 11LE49
Indication-#NOF
Residual -150ml
Colour of urine-dark
Easy insertion- yes
Date-15.4.16

16.4.16
0540 H@N F1 P Pentagon
Bloods
NA 141
K 3.6
UREA 12.2
CR 111
Improving
Plan- continue IVI
Ppentagon bleep 111

16.4.16
0615 Nursing
Appears to have settled and slept for good periods IVI running Regular pressure area care given sacrum red needs mattress ordering ASAP hearing aid present in left ear only phlebitis grade 0. NEWS 0 apyrexial *STG*

16.4.16
0820 S/B Orthogeriatrician cons
Ortho notes
GP sum sheet
Com DNAR in place
Frail ++++ Pleasantly confused
?ccf Heel ulcer

notes reviewed
14.3.16 to 18.3.16:W5 admission
↓CAA with fall
MMSE 17/30

	<p>HIGH risk group in view of age and frailty –are family aware? →Post op monitor NEWS/nutrition please Monitor for cardiac/resp/CNS complication Speak to family Pt explained all above <u>See drug chart</u></p>	<p><u>PMHX</u> CKD osteoporosis HT DM Fibula # 94 Colles 97 Ulna # 98 # lumbar vertebra</p> <p>Sig <i>Simon Star</i></p>
<p>16.4.16 1pm</p>	<p><u>NURSING –STUDENT NURSE</u> Barbara returned to SAC from theatre after having a left hemiarthroplasty for #NOF. On return spo2 low at 82% -put on 4l of o2 as prescribed –sats now 96%. All other observations within normal limits and neurovascular obs satisfactory. Now taking sips of water, diet allowed but not taken yet. Mattress ordered for Barbara. Has had medication as prescribed and is pain free at present. <i>SSQUARE</i></p>	
<p>1.40pm</p>	<p>Mattress ordered .may take 2 days –need to go through tissue viability nurses if concerned and need it sooner. <i>SSquare</i></p>	
<p>16.4.16 1555</p>	<p><u>F1 Cuboid</u> obs stable apyrexial Mrs Jones has returned from theatre – left hemi under spinal anaesthesia Currently alert and orientated Comfortable □CP but some discomfort in back Has 1L bag hartmann running through currently O/E left leg neurovascularly intact Warm peripheries Plan- bloods tomorrow CXR weds? Push PO fluids .for further Hartmann's if ↓UO</p>	<p><i>cuboid</i></p>
<p>1655</p>	<p>Bed available on Rose ward, for transfer .family aware.</p>	<p><i>S. sphere S/N</i></p>
<p>16.4.16 1855</p>	<p><u>NURSING</u> Received from SAC post hemiarthroplasty under spinal. Came in, catheter in situ -need encouragement with fluid -wound site intact.no leakage</p>	

	<p>-vital signs and neurovascular stable -oxygen on 2l/minutes .no concern at reporting <i>sig</i></p>
<p>0600</p>	<p>NEWS score 3 at start of the night rechecked later and now resolving .urine output adequate. Rolled for pressure care. Oxygen in situ. Fluids discontinued .no further concerns at this time <i>sig</i></p>
<p>17.4.16 0930</p>	<p>PHYSIOTHERAPY Patient consent to Rx though struggling with pain. Consented to try at edge of bed. Actively moving toes/ankles. obs stable Transferred to edge of bed with assistance of 2. c/o pain +++ .unable to continue .returned to lying plan- review when pain improved <i>physio</i></p>
<p>17.4.16 1135</p>	<p><u>WR Mr Pyramid</u> Pt comfortable Obs stable Apyrexial NV intact Wound clean and dry Plan- Chase bloods Check xray Mobilise SHO <i>Cylinder</i> bleep 007</p>
<p>17.4.16 1600</p>	<p>NURSING Assisted with hygiene needs .news 0. Eating and drinking fairly well. Catheter draining well. Wound dressing intact. <i>sig</i></p>
<p>17.4.16 16.20</p>	<p><u>FI Cuboid</u> Post op Bloods ↓HB 8.6 (11.2) NA 136 ↑WCC 12.6 (10.4) K 3.8 ↑PLT 255 ↑U 9.9 (12.2) NEUT 11.2 (8.9) ↑CR 108(111) PT 11.7 APTT 29.6 FIB 6.4 P-recheck tomorrow(cards out)</p>

18.4.16	Nursing No issues <i>signature</i>											
18.4.16	<p><u>S/B Orthogeriatrician cons and Dr Cone</u> c/o back pain tachycardic+ renal fx improving</p> <p>d/w pt explained how she fell forward remembers fall ???not sure if collapsed</p> <p>Aware-in respite home Keen to go back to home Bungalow Carers and cleaners Neighbours and family help with shopping o/e chest clear, wound ok explained to pt -rehab –decide discharge option -Stop statins, doxazosin -Withhold diuretics</p>											
	<table border="1"> <tr><td>AMT 10/10</td></tr> <tr><td>Age ✓</td></tr> <tr><td>DOB ✓</td></tr> <tr><td>YR ✓</td></tr> <tr><td>RECALL ✓</td></tr> <tr><td>RECOG ✓</td></tr> <tr><td>TIME ✓</td></tr> <tr><td>PLACE ✓</td></tr> <tr><td>20-1 ✓</td></tr> <tr><td>WW1 ✓</td></tr> <tr><td>QUEEN ✓</td></tr> </table>	AMT 10/10	Age ✓	DOB ✓	YR ✓	RECALL ✓	RECOG ✓	TIME ✓	PLACE ✓	20-1 ✓	WW1 ✓	QUEEN ✓
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WW1 ✓												
QUEEN ✓												
	Sig Dr Star <i>Star</i>											
18.4.16 1100	<p><u>Physio</u> Obs stable , catheter in situ Moving left leg better today Pain better p- continue to increase mobility as able</p>											
	sig <i>Pearl</i>											
18.4.16 14.10	<p><u>Patient flow</u> Spoken with Everest Lodge – pt admitted herself privately for respite as neighbour who helped was away. Still has a bed available. <i>flow</i></p>											
18.4.16 15.00	<p>NEWS 1 for BP. Encouraged to drink. Butrans patch changed today.satisfactory intake of diet and fluids s/c morphine 5mg/0.5mls given for pain this am sat out in chair dressing wound clean /dry and intact No other changes to note.</p>											

18.4.16 15.45	Occupational therapy Initial interview done.(see separate OT sheet) <i>ot</i>
19.4.16	No problem overnight <i>sig</i>
19.4.16 10.10	<p><u>WR C Cone SHO</u> Pt sat out c/o a lot of back pain today longstanding back pain from previous # in lumbar spine obs stable apyrexial</p> <p>p- continue to sit out of pain controlled - readjust chair so more comfortable ✓ <i>conc</i> bleep 009</p>
19.4.16 1130 Seen @930	<p><u>Physio</u> In pain .N/S aware to give more pain relief. To increase mobility with rollator as able.</p>
19.4.16 1230	<p>Assistance given with hygiene needs Obs stable Medications as prescribed Morphine 5mg s/c x2 for pain Sat out in chair O2 in situ Catheter draining <i>sig</i></p>
20.4.16 1055	<p><u>WR C Cone SHO</u> Sat up in bed, having a wash Problem- pain in left hip o/e- does appear to be internally rotated ,not shortened, very painful on external rotation otherwise feels well obs stable plan- xray left hip, ↑analgesia, pain team r/v please</p>
20.4.16 1215	<p><u>Acute Pain team</u> s/c morphine helps pain but makes pt woozy and sleepy advise Stop regular tramadol. Utilise PRN Increase Butrans patch to 15 mcgs/hr Do not advocate nitrazepam due to patient age. Nitrazepam crossed off. <i>pain</i> bleep 100</p>

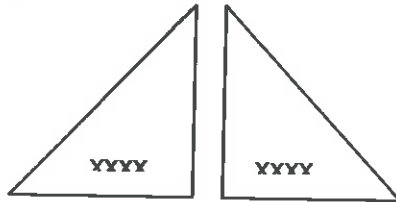
<p>20.4.16 1215</p>	<p><u>Physiotherapy</u> Patient in bed unwell and in pain .not seen by physio today. Review when able .a/w re x-ray <i>physto</i></p>
<p>20.4.16 1230</p>	<p>Assistance given with hygiene needs. NEWS 1 for pulse 101. Medication as prescribed. Referred to pain team –see above. Will bleep Dr and get him to change meds. Bowels opened.no other changes to note. <i>Sig</i></p>
<p>20.4.16 1300</p>	<p>Refused lunch but had around 50mls of tea Has gone down to x-ray</p>
<p>20.4.16 pm</p>	<p>Returned from x-ray .in a lot of pain. S/c morphine given .family has expressed how much pain she is in. settled now. No further vomiting.</p>
<p>20.4.16 1510</p>	<p><u>Cone</u> s/w NOK niece Happy with current plans/ treatment .obviously concerned about her pain as are we. I explained the procedure and plans for therapy. There was concern about her privately funded N/H and if they would keep it. Awaiting OT/PT input. <i>conc</i></p>
<p>20.4.16 1535</p>	<p><u>Cone SHO</u> Left hip xray –no abnormalities/no #seen a/w formal report <i>conc</i></p>
<p>21.4.16</p>	<p>settled night <i>sig</i></p>
<p>21.4.16</p>	<p><u>WR Spr Rhombus</u> Pt seen by pain team yesterday due to pain issues → analgesia increased X-ray yesterday –in joint Plan → continue <i>Rhombus /bleep 202</i></p>

21.4.16 1430	<p>Full assistance given with hygiene NEWS 1 for pulse 102 O2 on 2L in situ Loose stools this am –sample sent Satisfactory intake of diet and fluid Patch change today but no 5 mcg butrans patch in stock –ordered Has had PRN tramadol <i>nurse</i></p>
21.4.16 1400	<p>Has community DNR in situ .documented by Dr Star on 16.4.16 –to continue <i>H. Heart</i></p>
22.1.16	<p>Good night .sleeping for long period O2 continued overnight. Observation stable. Bowel opened –loose stool Vomited x1 –bile stained fluid. butrans patch applied at 0030. <i>Sig</i></p>
22.4.16 1500	<p>Vomited x2 this morning –large amounts Managed oral meds Obs stable Loose stoolsx1 –incontinent Poor diet intake but encouraged oral fluids</p>
22.4.16 1800	<p><u>Kite FY1</u> bleep Na 146 K 4.2 U 22.7 ↑ Imp- dehydrated Cr 145 ↑ ?Norovirus Hb 9.4 ↑ Wcc 9.9 Neut 9.3 Plan- slow IVI Plt 328</p> <p style="text-align: right;"><i>kite</i></p>
23.4.16 0400	<p>NEWS 0. Refused medications Vomit x2, ondansetron given .BO x1 –loose Cannula inserted and IVI started. Slept overnight .PAC ensured <i>sig</i></p>
23.4.16 1010	<p><u>WR Dr Star</u> Day 7 post hemiarthroplasty , left #NOF Pt in bed at present Feeling SOB today, generally unwell Norovirus +</p>

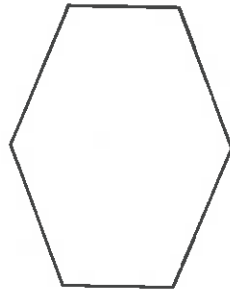
Had IVI –pulled canula out

O/E appears weak ,looks tired
 T-36.2, HR 104, BP153/106, RR16, SATS 92% on 2l NC
 Appears more confused today – thinks should be at home

Bibasal crackles



SNT



Plan

- CXR
- ECG
- Bloods
- Urine dip +/- MC+S
- IVI slow
- DNAR

Sim

23.11.16
1110

Acute pain team
 Staff report pain much improved. For review PRN. *Pain* bleep 356

23.4.16
1110

Full assistance with hygiene. loose stoolsx1-incontinent
 IVI down as canula out
 Dr to come back for 2nd attempt. Poor oral intake, NEWS 0

sig

23.4.16
1230

PT

Unwell, loose stools. r/v and continue with pt as able.

ec

23.4.16
1415

Cone
ECG-sinus tachy. Slight LAD.

cone

23.4.16

F1 Oblong
HB 9.8 NA 148↑
WCC 10.9 K4.2
Neut 10.2 Ur 29.9↑
PLT 337 Cr 188↑

Pt dehydrated - ↑rate IVI to 10hourly
Slight ↑wcc - ? 2day to norovirus
- CXR & urine dip awaited

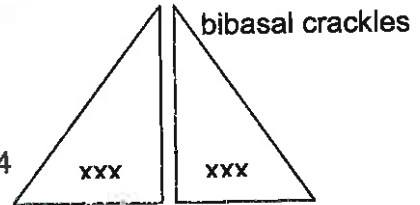
Rpt bloods mane
To r/w fluid status later

oblong/bleep 565

23.4.16
16.00

Cone r/v
Dehydrated

↑Ur ↑Cr
↑rate of fluid to 10 hourly
↑o2 to 4L .now sats 92%
Awaits CXR-booked
No sx of SOB/cough but is working hard @RR24
Temp 34.BP coming down. HR↑
Cool peripherally and cyanosed
Likely dehydrated, may well be developing LRTI. AW CXR- will handover
Plan
Chase CXR-handed over
Monitor U/O
Repeat bloods mane
Bear hugger
If signs on CXR-start abx

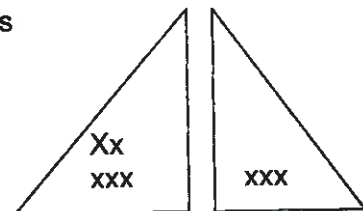


cone

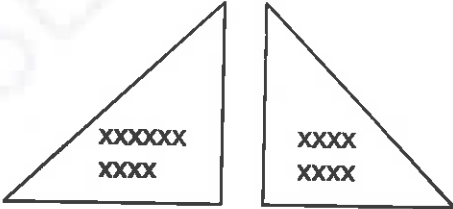
23.4.16
1915

F1 Oblong (cover)

Pt r/v
On IVI for dehydration
a/w CXR
pt says feeling alright and denies any symptoms
o/e sats 975 on 4L, RR25
coarse crackles bibasally R>L
(?worse than earlier)
HR104, BP140/60
Skin turgor, dry mucous membranes



Imp- becoming fluid overload

23.4.16	<p>Plan ↓rate IVI a/w CXR – if overloaded for diuretics despite worsening renal fx</p> <p>d/w med reg Dr Moon will review</p> <p style="text-align: right;"><i>oblong /bleep565</i></p>
23.4.16	<p>At 1600 approx NEWS 5 ↑RR , tachycardic , peripheral cyanosis SHO on ward- O2 increased ,IVI rate increased, bear hugger in situ 1730- NEWS 3 , FY1 reviewed and oxygen reduced I have spoken to NOK who is ill with norovirus .Night staff to contact if deteriorates .Is fully aware of how poorly Barbara is.</p> <p style="text-align: right;"><i>nurses</i></p> <p><u>F1 Pentagon–H@N.</u> Earlier events noted. Pt in bed under bear hugger. Able to answer questions. Denies any symptoms. Chest sounds fluid overloaded – crackles ++</p> <p>Good urine output No oedema ↑JVP CXR- fluid overload B/L patchy consolidation</p> <div style="display: flex; justify-content: space-around; align-items: center;">  </div> <p>Obs- RR25, SATS 94 on 15l, temp 35.7, HR 108, BP 154/75</p> <p>Imp- HAP with fluid overload DNAR in place</p> <p><i>Plan</i> Pt allergic to co amoxiclav so no tazocin unless spikes temp /deteriorates 20mg iv furosemide Reduced paracetamol dose due to low weight Monitor input/output closely No more IVI Keep sats >92% Await med reg review</p> <p style="text-align: right;"><i>pentagon</i> bleep121</p>
<p>24.4.16 0130 99yrs DNAR</p>	<p><u>CT1 Dr Wedge H@N</u> ATSP-news 5 Background –day 7 post hemiarthroplasty left NOF# Type 2 DM, Hypertension</p>

Recent issues – 1. D+V → dehydration
 2? HAP/overload today (↑RR ↓SATS) + ↑Ur/Cr
 Given furosemide 20mg and not for escalation

Now RR24 sats 97% on 15L NRM
 Temp 35.4 –bear hugger in situ
 BP130/69
 HR108 U/O 60mls in last 3hrs
 Ongoing diarrhoea
 Unresponsive –BM2.7 → given 50mls 50%dex

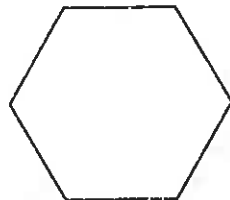
Very frail

- A- Maintaining own , dyspnoeic, slightly agitated but not responding or following commands
- B- Chest crackles bibasally
- C- No cardiac murmurs, tachy
 Dry mucous membranes
 Reduced skin turgor
 Visible carotid pulse , cannot see JVP
 Very cold peripheries
 Peripherally cyanosed
 CRT~ 3sec

CXR-patchy consolidation
 consistent with infection

- D- A V P√ U
 Pupils dilated (butrans patch on)
 Moving all 4 limbs

E



Soft , non-tender

IMP-severe HAP→overwhelming sepsis → MOF
 Dehydrated

Plan

- 5% dex 500mls over 6 hours
- O2 as tolerated (15L via NRM)
- Cont rewarming
- Abx-iv clarithromycin
- Not for ABG
- Call family in → pt very poorly and may not recover
- Await med reg review

CT1 *wedge* bleep 778

24.4.16 0245	<p><u>Cross CT2</u> D/W NOK – explained HAP/dehydration/Chest overload /renal impairment and current management. Not candidate for escalation beyond ward base care. Very unwell and may not survive. DNAR discussed. Family in agreement .no further questions. If continue to deteriorates – EOL care <i>cross</i></p>
24.4.16 0450	<p>Patient was very poorly on takeover .NEWS 5 .IVI running .CXR done. Reviewed by doctor and IV stopped due to fluid overload. IV furosemide prescribed. Catheter passed.</p>
24.4.16 9am	<p><u>WR Cone SHO</u> Events overnight noted Gone into CCF and acute on chronic RF +/- LRTI CXR- fluids +/- consolidation Had 20mg furosemide iv last night and passed about 60ml of urine. Given 1 dose clarithromycin last night .NEWS now <u>15</u> BP 75/30 HR 114 RR 26 +Cheyne stoking o/e ↑JVP coarse crackles throughout chest Temp 38.0 On 15L 94%</p> <p>Imp- significant deterioration with CCF+/- LRTI Plan -As per Dr Star -TLC –EOL care -Keep family informed -oral care given.</p>

**Orthopaedic Department
CLINIC NOTES**

Cons
Name: Barbara Jones
NHS NO 111 111 1111
DOB 01/01/1920
WARD

24.4.16 **TRAUMA CONFERENCE**
ACIDPD Dictated by Mr Box, Specialist Registrar

Consultants present
Mr Arrow
Mr Trapezium
Dr Star

WARD ROUND
96 year old lady left hemiarthroplasty 16.4
Deteriorated overnight
Deteriorated from chest point of view
For medical review today by the ortho geriatricians.

24.4.16
1140

F1 Oblong

Asked to verify death

Nurses report appeared to cease respiration about 11:20

No response to painful stimuli

Pupils fixed dilated and not reacting to light

Carotid pulse not palpable

No signs of respiration. Heart sounds absent.

It is most likely that the patient has passed away. my condolences to the family.

Bleep me if they wish to discuss anything. Thanks.

Oblong

1430

In retrospect: when washing this am it was apparent she was deteriorating. Doctors placed her on end of life care pathway. Niece contacted. Sat with patient until family arrived. Patient was very comfortable when she passed away around 1130. Family informed. Doctor notified. Bereavement appointment made for 26.4.16 at 1400. Family aware. They will collect property then.

Nursing

NAME Barbara Jones

NHS NUMBER 111 111 1111

DATE 24.04.16

**END OF LIFE CARE PATHWAY (EOLCP)
SUPPORTING CARE IN THE LAST HOURS OR DAYS OF LIFE**

Criteria for entry onto the care pathway

The multidisciplinary team have agreed that:

- The patient is dying .This is the final phase of life
- Further treatment of causes of deterioration is inappropriate
- DNAR completed

And the majority of the following should apply:

- The patient is profoundly weak
- The patient is essentially bed bound
- The patient is drowsy for extended periods
- The patient is increasingly uninterested in food and fluid
- The patient finds it difficult to swallow medication

Date commenced on pathway 24.4.16 Time 8:40 am

Signed on behalf of the multidisciplinary team (including discussion with family and patient if appropriate)

Signature star

Print name Dr Star (Orthogeriatrician cons)

EOLCP

Name Barbara Jones

INITIAL MEDICAL ASSESSMENT

DOB 01/01/1920

NHS NUMBER 111 111 1111

Consultant

Diagnosis Primary: CCF, PNEUMONIA, AKI
 Secondary: FRACTURED NOF (operated)

Please initial all those appropriate to the patient's physical condition

<ul style="list-style-type: none"> • Unable to swallow • Nausea/vomiting • Pain • Respiratory tract secretions • dyspnoea 	✓ ✓ ✓	<ul style="list-style-type: none"> • Distressed • Confused • Agitated • restless 	✓	<ul style="list-style-type: none"> • Constipated • Catheterised • Urinary retention • Conscious 	✓ ✓
--	-------------------------	--	---	---	----------------

Please initial all appropriate comfort measures undertaken

- Current medication assessed and non-essentials discontinued
 Alternative route/formulation for essential medication if unable to swallow

The patient has medication prescribed on PRN basis for all of the following five symptoms which may develop on the hours or days of life

- Pain ✓ agitation ✓ respiratory tract secretions ✓
 Dyspnoea ✓ nausea and vomiting ✓

Time of prescription 9:00

If indicated patient to commence on subcutaneous infusion via syringe driver as per algorithms

Time of prescription

Patient /Carer comprehension

Aware of diagnosis:
 Patient yes no reason _____
 Carer yes no reason _____

Recognition of dying:
 Patient yes no reason _____
 Carer yes no reason _____

Signature

Print name

Designation

Date

Time

Name: Barbara Jones
NHS: 111 111 1111

**EOLCP
CARE AFTER DEATH**

Verification of death 24.4.16

Time patient is said to have ceased respiration at _____

Persons present at time of death _____

Signature (if different from person verifying death)

Time death verified 11.40

Print name Dr Oblong Designation F1

Time /date certified _____ Signature _____

SAMPLE CASE NOTES

NAME: Barbara Jones
 NHS: 111 111 1111
 Ward:

FLUID BALANCE CHART

Date: 15.4.16	Fluid restriction: <i>78ml</i> ml	Weight: __KG	Minimum urine output/hr: __ ml
---------------	-----------------------------------	--------------	--------------------------------

TIME	INTAKE (ML)				OUTPUT (ML)			
	ORAL	NG/PEG	IV	ACC TOTAL IN	Urine/CBD	Drains/bowels	VOMIT/NG ASP	ACC TOTAL OUT
0700								
0800								
0900				Nsaline from A&E				
1000								
1100								
1200								
1300								
1400	150			150	catheterised			
1500								
1600					75			75
1700	150			300	75			150
1800								
1900								
2000					150			300
2100								
2200	100		148	548	70			370
2300								
2400			164	712	60			430
0100								
0200			157	869	100			530
0300								
0400			179	1048	60			590
0500								
0600			147	1195	75			665
TOTAL								

NAME: Barbara Jones
 NHS: 111 111 1111
 Ward:

FLUID BALANCE CHART

Date: 16.4.16	Fluid restriction: __ml	Weight: __KG	Minimum urine output/hr: __ml
---------------	-------------------------	--------------	-------------------------------

TIME	INPUT (ml)				OUTPUT (ML)				
	ORAL	NG/PEG	IV	ACC TOTAL IN	Urine/CBD	Drains/bowels		VOMIT/NG ASP	ACC TOTAL OUT
0700									
0800					125				125
0900			100	100					
1000									
1100			hartman						1100
1200			hartman	1000	235				1335
1300			100	1100	40				1375
1400	175			1275	30				1405
1500									
1600	150			1320	30				1435
1700									
1800									
1900									
2000									
2100					100				
2200									
2300									
2400									
0100					200				
0200									
0300									
0400									
0500					250				
0600									
Total									

NAME: Barbara Jones
 NHS: 111 111 1111
 Ward:

FLUID BALANCE CHART

Date: 22.4.16	Fluid restriction: ___ml	Weight: ___KG	Minimum urine output/hr: ___ml
---------------	--------------------------	---------------	--------------------------------

TIME	INPUT (ml)			ACC TOTAL IN	OUTPUT (ML)			ACC TOTAL OUT
	ORAL	NG/PEG	IV		Urine/CBD	Drains/bowels	VOMITING ASP	
0700								
0800								
0900								
1000								
1100								
1200								
1300								
1400								
1500								
1600								
1700								
1800								
1900								
2000							200	
2100								
2200								
2300								
2400			83				200	
0100			83					
0200			83					
0300			83					
0400			83				100	
0500			83					
0600								
total								

FLUID BALANCE CHART

NAME: Barbara Jones
 NHS: 111 111 1111
 Ward:

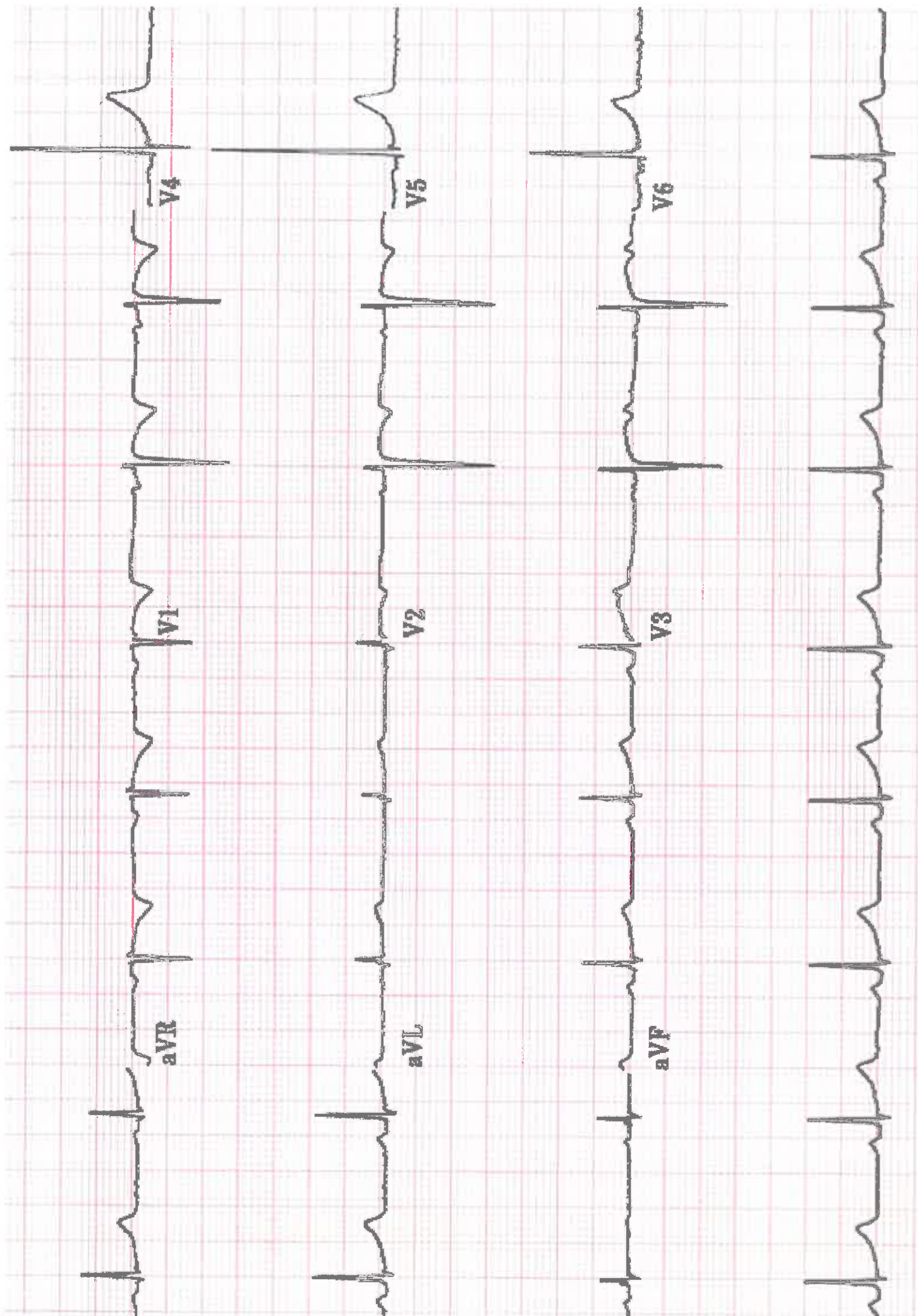
Date: 23.4.16	Fluid restriction: __ml	Weight: __KG	Minimum urine output/hr: __ml
---------------	-------------------------	--------------	-------------------------------

TIME	INPUT(ml)				OUTPUT (ML)			
	ORAL	NG/PEG	IV	ACC TOTAL IN	Urine/CBD	Drains/bowels	VOMIT/NG ASP	ACC TOTAL OUT
0700			No					
0800			canula					
0900								
1000								
1100								
1200								
1300	canula	inserted			pued			
1400	30		625					
1500	25							
1600					pued			
1700	25		100	180				
1800			100	190				
1900			100	290				
2000								
2100			125	stopped	300	catheterisd		
2200				415				
2300								
2400					60			
0100					5			
0200			350	765	0			
0300			83	848	0			
0400			83	931	0			
0500			83	1014	0			
0600			183	1197	0			
total								360

Example Case Notes

Observation chart for the National Early Warning Score (NEWS)

NEWS KEY		NAME:		D.O.B.		ADMISSION DATE:								
0 1 2 3						15/4/16								
DATE		TIME		DATE		TIME								
15		16												
15:00		15:30		16:00		16:30								
RESP. RATE	≥25							≥25						
	21-24							21-24						
	12-20	•	•	•	•	•	•	12-20	•	•	•	•	•	•
	9-11							9-11						
	≤8							≤8						
SpO ₂	≥96	•	•	•	•	•	•	≥96	•	•	•	•	•	•
	94-95							94-95						
	92-93							92-93						
	≤91							≤91						
Inspired O ₂ %	%	A	A	A	A	A	A	A	A	A	A	A	A	
TEMP	≥39°							≥39°						
	38°							38°						
	37°							37°						
	36°	x	x	x	x	x	x	36°	x	x	x	x	x	x
	≤35°							≤35°						
NEW SCORE uses Systolic BP	230							230						
	220							220						
	210							210						
	200							200						
	190							190						
	180							180						
	170							170						
	160							160						
	150							150						
	140							140						
BLOOD PRESSURE	130							130						
	120							120						
	110							110						
	100							100						
	90							90						
	80							80						
	70							70						
	60							60						
	50							50						
	40							40						
HEART RATE	140							140						
	130							130						
	120							120						
	110							110						
	100							100						
	90							90						
	80							80						
	70							70						
	60							60						
	50							50						
Level of Consciousness	Alert	✓	✓	✓	✓	✓	✓	Alert	✓	✓	✓	✓	✓	✓
	V/P/U							V/P/U						
BLOOD SUGAR	43							52						
TOTAL NEWS SCORE	1 0 0 0 1 0 4 0 5 4							4 4 4 4 3 2 2 3 7						
Additional Parameters	Pain Score	1 0 0 0 0 0 0 0 0 0 0						0 0 0 0 0 0 0 0 1 0						
	Urine Output													
Monitoring Frequency														
Escalation Plan Y/N n/a														
Initials														



DO NOT ATTEMPT CARDIOPULMONARY RESUSCITATION

Adults aged 16 years and over

DNARadult 1/March 2009

Name Barbara Jones
Address Down the Road Avenue
Date of birth 01/01/1930
NHS or hospital number 11111111

Date of DNAR order:

1 1

DO NOT PHOTOCOPY

In the event of cardiac or respiratory arrest no attempts at cardiopulmonary resuscitation (CPR) will be made. All other appropriate treatment and care will be provided.

- 1 Does the patient have capacity to make and communicate decisions about CPR?** YES/NO
If "YES" go to box 2
- If "NO", are you aware of a valid advance decision refusing CPR which is relevant to the current condition? If "YES" go to box 6 YES/NO
- If "NO", has the patient appointed a Welfare Attorney to make decisions on their behalf? If "YES" they must be consulted. YES/NO
- All other decisions must be made in the patient's best interests and comply with current law.
Go to box 2

- 2 Summary of the main clinical problems and reasons why CPR would be inappropriate, unsuccessful or not in the patient's best interests:**
- Great age, frailty, osteoporosis

- 3 Summary of communication with patient (or Welfare Attorney). If this decision has not been discussed with the patient or Welfare Attorney state the reason why:**

- 4 Summary of communication with patient's relatives or friends:**

- 5 Names of members of multidisciplinary team contributing to this decision:**

- 6 Healthcare professional completing this DNAR order:**

Name Dr Kelly Position _____
Signature [Signature] Date 23/3/16 Time _____

- 7 Review and endorsement by most senior health professional:**

Signature _____	Name _____	Date _____
Review date (if appropriate) <u>12 months</u>		
Signature _____	Name _____	Date _____
Signature _____	Name _____	Date _____

DO NOT ATTEMPT CARDIOPULMONARY RESUSCITATION

Adults aged 16 years and over

DNARadult 10/11/02 (2009)

Name _____
Address _____
Date of birth _____
NHS or hospital number _____

Date of DNAR order:

/ /

DO NOT PHOTOCOPY

In the event of cardiac or respiratory arrest no attempts at cardiopulmonary resuscitation (CPR) will be made. All other appropriate treatment and care will be provided.

1 Does the patient have capacity to make and communicate decisions about CPR?

YES/NO

If "YES" go to box 2

If "NO", are you aware of a valid advance decision refusing CPR which is relevant to the current condition? If "YES" go to box 6

YES/NO

If "NO", has the patient appointed a Welfare Attorney to make decisions on their behalf? If "YES" they must be consulted.

YES/NO

All other decisions must be made in the patient's best interests and comply with current law. Go to box 2

2 Summary of the main clinical problems and reasons why CPR would be inappropriate, unsuccessful or not in the patient's best interests:

3 Summary of communication with patient (or Welfare Attorney). If this decision has not been discussed with the patient or Welfare Attorney state the reason why:

4 Summary of communication with patient's relatives or friends:

5 Names of members of multidisciplinary team contributing to this decision:

6 Healthcare professional completing this DNAR order:

Name _____ Position _____
Signature _____ Date _____ Time _____

7 Review and endorsement by most senior health professional:

Signature _____ Name _____ Date _____
Review date (if appropriate) _____
Signature _____ Name _____ Date _____
Signature _____ Name _____ Date _____

DO NOT ATTEMPT CARDIOPULMONARY RESUSCITATION

Adults aged 16 years and over

DNARacuit 18/Jan/01 2008

Name Barbara Jones
Address _____
Date of birth 01/01/1930
NHS or hospital number 111 111 1111

Date of DNAR order:

23/4/

DO NOT PHOTOCOPY

In the event of cardiac or respiratory arrest no attempts at cardiopulmonary resuscitation (CPR) will be made. All other appropriate treatment and care will be provided.

1 Does the patient have capacity to make and communicate decisions about CPR? YES/NO
If "YES" go to box 2

If "NO", are you aware of a valid advance decision refusing CPR which is relevant to the current condition? If "YES" go to box 6 YES/NO

If "NO", has the patient appointed a Welfare Attorney to make decisions on their behalf? If "YES" they must be consulted. YES/NO

All other decisions must be made in the patient's best interests and comply with current law. Go to box 2

2 Summary of the main clinical problems and reasons why CPR would be inappropriate, unsuccessful or not in the patient's best interests:

advanced age, frailty

3 Summary of communication with patient (or Welfare Attorney). If this decision has not been discussed with the patient or Welfare Attorney state the reason why:

will cause unnecessary distress

4 Summary of communication with patient's relatives or friends:

to speak to them ASAP

5 Names of members of multidisciplinary team contributing to this decision:

6 Healthcare professional completing this DNAR order:

Name _____ Position _____
Signature _____ Date _____ Time _____

7 Review and endorsement by most senior health professional:

Signature Dr Stan Name _____ Date 23/4

Review date (if appropriate) _____

Signature _____ Name _____ Date _____

Signature _____ Name _____ Date _____

DO NOT ATTEMPT CARDIOPULMONARY RESUSCITATION

Adults aged 16 years and over

DNARadult 1/7 March 2009

Name
Address
Date of birth
NHS or hospital number

Date of DNAR order:

/ /

DO NOT PHOTOCOPY

In the event of cardiac or respiratory arrest no attempts at cardiopulmonary resuscitation (CPR) will be made. All other appropriate treatment and care will be provided.

1 Does the patient have capacity to make and communicate decisions about CPR? YES / NO
If "YES" go to box 2

If "NO", are you aware of a valid advance decision refusing CPR which is relevant to the current condition? If "YES" go to box 6 YES / NO

If "NO", has the patient appointed a Welfare Attorney to make decisions on their behalf? If "YES" they must be consulted. YES / NO

All other decisions must be made in the patient's best interests and comply with current law.
Go to box 2

2 Summary of the main clinical problems and reasons why CPR would be inappropriate, unsuccessful or not in the patient's best interests:

3 Summary of communication with patient (or Welfare Attorney). If this decision has not been discussed with the patient or Welfare Attorney state the reason why:

4 Summary of communication with patient's relatives or friends:

5 Names of members of multi-disciplinary team contributing to this decision:

6 Healthcare professional completing this DNAR order:

Name _____ Position _____
Signature _____ Date _____ Time _____

7 Review and endorsement by most senior health professional:

Signature _____ Name _____ Date _____

Review date (if appropriate)

Signature _____ Name _____ Date _____

Signature _____ Name _____ Date _____

AS REQUIRED MEDICATION

Drug Morphine 5mg/0.5ml			Date	18/4	19/4	19/4	20/4	21/4	23/4			
			Time	1000	0900	1200	1850	1200	1100			
Route s/c	Dose 5mg	Frequency PRN	Dose	5mg	5mg	5mg	5mg	5mg	5mg			
Signature & Bleep			Given	pa	ss	ss	ss	aa	ee			

Drug Tramadol			Date	20/4	21/4	21/4					
			Time	1600	0900	1300					
Route oral	Dose 50mg	Frequency TDS	Dose	50mg	50mg	50mg					
Signature & Bleep <i>paia</i>			Given	ss	aa	aa					

Drug Ondansetron			Date	23/4							
			Time	0350							
Route oral	Dose 4mg	Frequency TDS	Dose	4mg							
Signature & Bleep <i>aaan</i>			Given	ee							

Drug Midazolam			Date	24/4							
			Time								
Route sc	Dose 2.5- 5mg	Frequency PRN 2hrly	Dose								
Signature & Bleep <i>star</i>			Given								

