ABC – MOMENTS Worksheet

CTG Escalation

Health Innovation West of England

- Fetal monitoring knowledge and training
- Awareness of when to escalate/red flags
- Correct categorisation of CTG – understand the interpretation and categorisation system/guidelines in use
- Understanding of the escalation pathway
- Understanding of setting up patient details on the CTG system
- Knowledge of physiological changes in labour that may impact fetal wellbeing as part of the holistic assessment
- Ability to read the CTG trace —whether this be paper based or electronic
- Situational awareness
- Pattern recognition to detect change over time
- Challenges in evidence-based practice vs. available guidance

- Understanding your own scope of practice
- Recognising when a fetus is not responding to initial measures
- Communication skills
- Medicines competency (IV's, terbutaline, prescribing processes/midwives exemption)
- Understanding of digital systems(including centralised monitoring)
- Risk assessment i.e. why is the CTG in use?
- Human factors understanding (AID/ CUSS/ PACE)
- Confidence to escalate/jump escalate
- Fetal auscultation competency
- Informed consent



- Unit/team culture - Skills mix
- Call bell use/call bell fatigue
- Guidance in use (NICE versus physiology guidance and the challenges of how this may impact your confidence/ competence when working across a region)
- Reliance on Senior Midwife/Band 7 providing escalation to Obstetric SpR/Consultant
- History – personal experience both in clinical outcomes and escalation/communication/trauma response
- "physiological/ normal birth" ideology
- Litigation concerns *"if it's not written down it didn't happen"*
- *"historical"* blame culture vs. just and fair culture
- Medicalisation and interventions
- National policy and frameworks which increase interventions to "reduce" morbidity and mortality rates
- Not wanting to feel like a burden to the team during high periods of acuity
- Team dynamics – is this a well developed, cohesive team or are the relationships new and developing?
- Confirmation bias - Racial bias - Conscious/unconscious bias

- Handheld Doppler - Pinnard stethoscope
- CTG Review tool (sticker/BadgerNet)
- SBAR - Escalation pathway
- CTG machine - Belts/straps - Transducers
- CTG paper - Fetal monitoring guideline
- FSE - ?Fetal blood sampling (FBS)
- MDT Team available
- Access to an ambulance/theatre
- Phone – mobile with signal and emergency call system
- Call bell - Pen - Clock/watch
- Centralised Monitoring (Wi-Fi/ethernet)
- Contact gel - Terbutaline