# [West of England Academy Online Resources](https://www.healthinnowest.net/our-work/west-of-england-academy/academy-resources/)

The West of England Academy provides a range of free resources to help you gain knowledge and develop essential skills for innovative thinking and working. We promote the use of quality improvement methodologies to support delivery of better patient care. This [case study video](https://vimeo.com/676261217/cacead8e8c) demonstrates how QI can be used to improve patient care.

## [**The Innovation Journey**](https://www.healthinnowest.net/our-work/west-of-england-academy/resources-the-innovation-journey/)

## The innovation journey goes from identifying opportunities for an innovation, producing ideas, prototyping, and testing, right through to implementing an innovation in real-world settings and scaling to achieve system-wide impact. We have compiled resources to support each of the four phases of the innovation journey.

* [Invention](https://www.healthinnowest.net/our-work/west-of-england-academy/resources-the-innovation-journey/resources-to-support-invention/)
* [Innovation](https://www.healthinnowest.net/our-work/west-of-england-academy/resources-the-innovation-journey/resources-to-support-innovation/)
* [Improvement](https://www.healthinnowest.net/our-work/west-of-england-academy/resources-the-innovation-journey/resources-to-support-improvement/)
* [Impact](https://www.healthinnowest.net/our-work/west-of-england-academy/resources-the-innovation-journey/resources-to-support-impact/)

[**Creative Problem-Solving Toolkit**](https://www.healthinnowest.net/creative-problem-solving-toolkit/)

This toolkit is accompanied by a selection of eight tools with explanatory videos and guidance notes. They are designed to give a framework for the creative problem-solving process.

* [Clarify the challenge](https://www.healthinnowest.net/creative-problem-solving-toolkit/clarify-the-challenge-tools-to-support-problem-exploration-and-definition/)
* [Generate and select ideas](https://www.healthinnowest.net/creative-problem-solving-toolkit/generate-and-select-ideas/)
* [Plan for implementation](https://www.healthinnowest.net/creative-problem-solving-toolkit/plan-for-implementation-development-and-testing/)

**Build your skills and resilience as an improver.**

Watch a video from Professor Bill Lucas on ‘[The Habits of an Improver](https://vimeo.com/168351393?share=copy)’, explore our [emotional resilience toolkit](https://www.healthinnowest.net/tips-for-developing-emotional-resilience-toolkit/), and catch up on our workshop on [skills for leading change](https://www.healthinnowest.net/skills-for-leading-change-60min-webinar/).

**Reflection** is a tool to learn from an experience or learning activity. Download our [**Learning log template**](https://www.healthinnowest.net/wp-content/uploads/2024/02/Academy-Learning_Log.docx)which can support you in this.

[**Coaching**](https://www.weahsn.net/toolkits-and-resources/a-facilitators-guide-to-the-innovation-journey/) **Conversations** can be used to support teams, in an appraisal or a 1:1 situation. [Watch this video introducing the coaching conversation worksheet](https://vimeo.com/user27502217/coachingconversations) and [download our worksheet](https://www.healthinnowest.net/wp-content/uploads/2024/02/GROW_coaching-conversations.docx). [[1]](#footnote-1)

[**Quality Improvement Toolkit**](https://www.healthinnowest.net/toolkits-and-resources/quality-improvement-tools-2/)

Access our free [library of Quality Improvement resources](https://www.healthinnowest.net/toolkits-and-resources/quality-improvement-tools-2/) including our step-by-step [QI workbook](https://www.healthinnowest.net/wp-content/uploads/2024/03/QI_workbook.pptx). These will help you carry out and sustain changes that enhance patient safety and improvements in your area of work/innovation.

Watch our [‘on demand’ QI webinars](https://www.healthinnowest.net/qi-series-on-demand-replay/) and access accompanying resources to support your QI journey.

[**A Facilitator’s Guide to Quality Improvement**](https://www.healthinnowest.net/facilitators-guide-to-quality-improvement/)

Our facilitator’s guide includes a workbook and slide decks to facilitate improvement and innovation training sessions.

[**How to make a QI Poster**](https://www.healthinnowest.net/toolkits-and-resources/guide-to-making-a-qi-poster/)

This practical guide offers templates, a judge’s perspective, and top tips for creating a winning poster.

## [**Evidence and Evaluation Resources**](https://www.healthinnowest.net/our-work/west-of-england-academy/evidence-and-evaluation/)

## Evaluation can help to consider what works, what does not and how things can be improved. Evaluation can range from being quite simple service evaluations to complex evaluative research projects and each service will require a different approach. Our videos, resources and case studies provide more information.

We offer a range of [**training and events**](https://www.healthinnowest/our-work/west-of-england-academy/training-and-events/) to support people at all stages of their career and journey.

*Updated on 07.03.2024*

1. Permission to use the GROW model granted by The Estate of Sir John Whitmore and Performance Consultants International. [↑](#footnote-ref-1)