

PERIPrem Baby Passport



PERIPrem is a package of care to give premature babies the best chance at birth and protect their brain. Every baby is unique and every baby's entrance into this world is different. Some items on this list may not be possible. Please talk to your midwife or doctors to explore this.

Place of Birth

(babies born early or small sometimes need to be born in a higher-level unit. Speak to your doctor to find out if this is the case for you)



I am at the optimal hospital in case my baby(ies) needs to be born early.

Not Possible



In Progress



Complete



I am aware that I might have to be moved to another hospital and if this isn't possible then my baby(ies) might need to be moved to another hospital after they're born.

Antenatal Steroids

(for all babies born before 34 weeks)



I have been given a full course of steroids to help prepare my baby(ies) for being born early.

Not Possible



In Progress



Complete



Antenatal Magnesium Sulphate

(for all babies born before 30 weeks)



I have been given Magnesium Sulphate to protect my baby(ies) brain.

Not Possible



In Progress



Complete



Early Breast Milk

(for all babies born before 34 weeks)



I have been given information about the benefits of early breast milk and have been shown how to express to make this milk for my baby(ies) before or within an hour of birth.

Not Possible



In Progress



Complete



Antibiotics

(for all babies born before 34 weeks where mum was in labour)



I have been given antibiotics to reduce the chance of my baby(ies) developing an infection called Group B Strep.

Not Possible



In Progress



Complete



Optimal Cord Management

(for all babies)



After my baby(ies) is born, the team will wait at least a minute before clamping the cord, to allow my baby to be born safely and get extra blood from the placenta.

Not Possible



Complete



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Thermal Care

(for all babies born before 34 weeks)



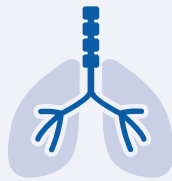
After my baby(ies) is born, the team will try to keep their temperature normal and will help us to hold baby skin-to-skin as soon as soon as it is safe.

Not Possible

Complete

Respiratory Management

(for babies born before 34 weeks who may need it)



If my baby(ies) needs help with a breathing tube, the neonatal team will protect their lungs by using a special ventilator setting.

Not applicable

Not Possible

Complete

Caffeine

(for all babies born before 30 weeks and some babies born less than 34 weeks or who weigh less than 1500g)



My baby(ies) has been given caffeine to protect their brain and help their breathing.

Not Possible

Complete

Probiotics

(for babies born before 32 weeks, or who weigh less than 1500g)



My baby(ies) has been given friendly bacteria to help to protect their gut.

Not Possible

Complete

Prophylactic Hydrocortisone

(for babies born before 28 weeks)



My baby(ies) has been given hydrocortisone to help their lungs.

Not Possible

Complete

It can be hard knowing that things could have been different. Please speak to your midwife or doctors if you are struggling with this. You are not alone.



For South-West Neonatal Unit information and virtual visits, follow this link



For added information on how to express breast milk, follow this link