

Working with the VCSE

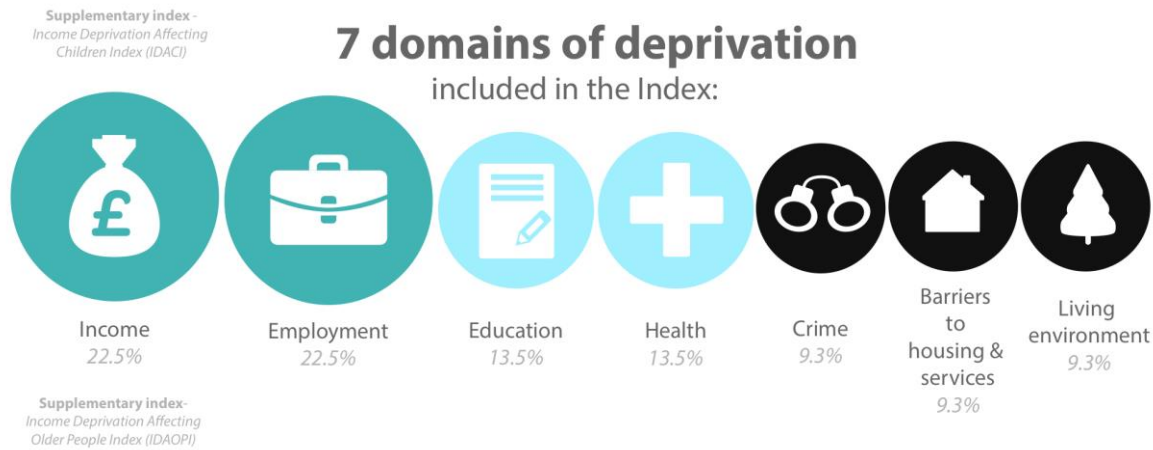
Jane Rowland – AWP
Amie Dobinson – Second Step

Working in partnership

Coming together is a beginning; keeping together is progress; working together is success

Henry Ford

Mental health and wellbeing context



- 29.5% of the Bristol population live in the most deprived quintile in the country
- Homelessness, educational attainment and rates of violent crime all higher than the national average
- Emergency admissions for self-harm higher than the national average across BNSSG, highest in Bristol
- Rates of homelessness are high across the city – particularly for families and young adults aged 18-24

Coming together....

Bristol Mental Health

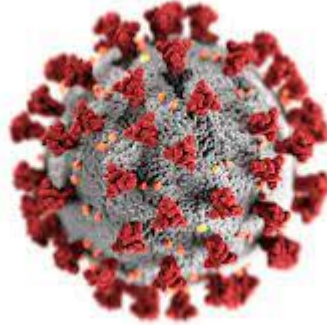
- A **shared purpose and ambition** across NHS and VCSE organisations to improve the mental health and wellbeing for people across Bristol
- Underpinned by four shared principles: **recovery, co-production, psychologically informed, promoting equality and diversity**
- Range of services commissioned in 'lots' with statutory and voluntary sector partners working together to improve outcomes and provide more joined up services
- Characterised by:
 - Integrated teams – harnessing the skills and capabilities of individuals and organisations
 - VCSE service provision a core component of wider care pathways
 - Using the unique knowledge of our diverse communities to design and develop our services
- Empowering our communities and giving them a voice to co-design our services
- **But.....**
- Increasing demand for services quickly outstripped available capacity in some areas

**SECOND
STEP**

PUTTING MENTAL HEALTH FIRST



Keeping together...



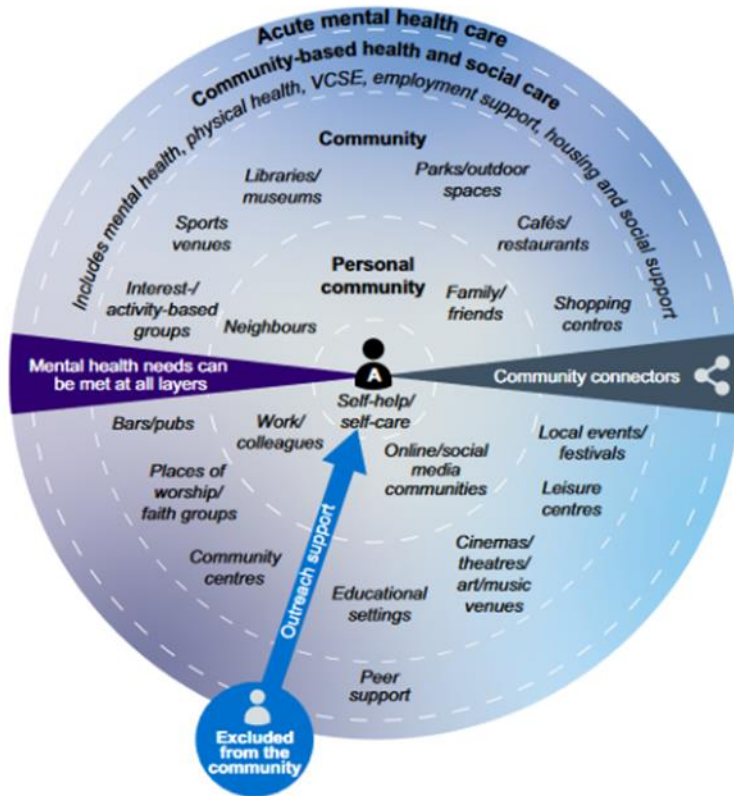
- Modelling showed we should prepare for a 30% surge in demand – in already stretched services, we needed to think differently
- Mental Health Cell established bringing together health, social care and VCSE partners
- Organised into 4 groups – referred to as 'Levels':
 - Level 1 – Wellbeing and community support
 - Level 2 – Specialised MH community support
 - Level 3 – Integrated VCSE and NHS services in our communities
 - Level 4 – Specialist NHS MH support
- Jointly mapped activity, demand and co-designed solutions
- Integrated bid for system funding to support new services and models

**SECOND
STEP**

PUTTING MENTAL HEALTH FIRST



Working together....



- NHS England's Community Mental Health Framework – expectation for a VCSE Alliance
- White Paper Integration and innovation: working together to improve health and social care – move away from competition towards collaboration
- Involving VCSE as an equal partner in our emerging Integrated Care Partnerships and Integrated Care System
- Harnessing the unique contribution of VCSE organisations to support mental health and wellbeing at every stage of the pathway

**SECOND
STEP**

PUTTING MENTAL HEALTH FIRST



Achieving success....



- Mobilising around a common aim and desire – both strategically and operationally
- Recognising the contribution of all – valuing diversity of perspectives, expertise
- Creating multi-disciplinary teams and approaches that break down organisational siloes and provide the right conditions for innovation to thrive
- Giving leaders time and space in which to work together – building trusted relationships through being and doing
- Valuing innovation and enabling that with the right governance and commitment to partnership working

**SECOND
STEP**

PUTTING MENTAL HEALTH FIRST

