

Mental Health

Mental Health Safety Improvement Programme (MH-SIP)

Key National Programme Ambitions:

- 1. Reduce suicide and deliberate self-harm in inpatient mental health services, the healthcare workforce and non-mental health acute settings.
- 2. Reduce the incidence of restrictive practice in inpatient mental health and learning disability services by 50% by March 2024.
- 3. Improve the sexual safety of patients and staff on inpatient mental health units by 50% above baseline by March 2024.

Primary Drivers Aim **Secondary Drivers** Identify the interventions that reduce absence without leave (AWOL) Reduce suicide and scope interventions to reduce suicide and deliberate self-harm and deliberate whilst on agreed leave by March 2021 ahead of testing and scale up self-harm in inpatient Scope the incidence and understanding of suicide in non-mental mental health health acute settings, identify interventions and commence services, the testing by March 2021 healthcare workforce and Scope the incidence and understanding of risk of suicide of staff Improve the working within the healthcare system and identify interventions non-mental safety and health acute for testing by March 2021 outcomes settings of mental Support organisations to assess ligature anchor points and other health care environmental self-harm risks by reducing Reduce unwarranted restrictive Review and evaluate the RRP theory of change and associated measures variation and practice in providing a inpatient Undertake further testing of the RRP theory of change across an high quality mental health increased number of organisations, and develop the RRP change healthcare and learning package and associated measures experience for disability all people across services Scale-up and spread the RRP change package the system by March 2024 Develop, consult, and publish the national sexual safety **Improve** standards and guidance sexual safety in inpatient Develop a sexual safety theory of change and associated measures mental health and learning Undertake further testing of the sexual safety theory of change across disability increased number of organisations. Develop the RRP change package services and associated measures. Scale up and spread nationally

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