

Insert Practice Address: Insert Phone Number: Insert Date:

## Dear (patient name)

	Please come for your <b>Annual Health Check</b> appointment
Insert picture of health centre	This will be at (Health Centre)
Septembe  Decembe	Day: Insert day (Tuesday)
	Date: Insert date (22 <sup>nd</sup> September)
	Time: Insert time (9 o'clock)
Health Action Plan	Please bring your Health Action Plan
	We will talk about things like:  • your health • check your weight • check blood pressure • talk about tablets

60	This might take up to 60 minutes
I need easy read	Please tell us if you need special help to attend  (called reasonable adjustments)
GP Surgery	Please phone us if you cannot come:  (Insert phone number)

From your GP/Practice Nurse: (Insert name)