**Quality of Life Measure: ICECAP-A**

There are several types of ICECAP measures for capability and quality of life:

* ICECAP-A: a measure of capability for the adult population
* ICECAP-O: a measure of capability for the older person
* CES – Carer Experience Scale: a measure of care related wellbeing
* ICECAP-SCM: a measure of capability for use in end of life care (Under development)

For further information on ICECAP, visit the Birmingham University [website](https://www.birmingham.ac.uk/research/activity/mds/projects/HaPS/HE/ICECAP/index.aspx).

**ICECAP-A in the SHarED Project**

For the SHarED Project, we are using ICECAP-A for the selected High Impact Users in each adopting trust.

ICECAP-A is a measure of capability for the general adult population for use in economic evaluation. It focuses on well-being in a broader sense rather than health. The measure covers attributes of wellbeing that were found to be important to adults in the UK.

**ICECAP A is made up of 5 attributes:**

1. Stability – an ability to feel settled and secure
2. Attachment – an ability to have love, friendship and support
3. Autonomy – an ability to be independent
4. Achievement – an ability to achieve and progress in life
5. Enjoyment – an ability to experience enjoyment and pleasure

A questionnaire can be completed prior to implementing the Personal Support Plan and then repeated at six months.

*We recognise that not all HIU patients will want to complete one but the added narrative gathered will provide a user insight into the project and the service offered.*

**Interpretation of Results**

Each question is marked out 1-4, the higher the score the better the quality of life/capability. It is hypothesised that, through the implementation of a Personal Support Plan, the SHarED project will increase a patients individual scores.

The accumulated score is represented by coding. For example, '44444' represents the state described by full capability on all 5 attributes. 44144 represents the state described by no capability on the autonomy attribute, but full capability on stability, attachment, achievement, enjoyment.

**Data Collection**

The flow chart on the next page summarises the process for using the ICECAP-A questionnaire.

In the SHarED Data Collection Dashboard, the results of the survey can be inputted in to the “ICECAP-A” tab. The pre-plan score and 6 months post-plan score will be analysed for improvement.

**Storage of Results**

It is recommended that the questionnaire is stored in the patient notes.

**Process for Data Gathering and Recording**